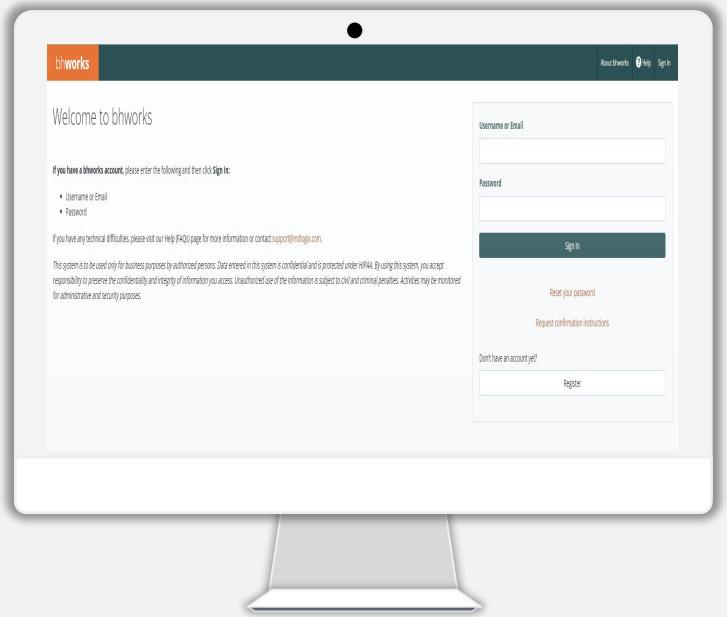


# Student Mental Health Data Collection & Use

Kristy Alimenti, Ed.S
Mental Health Services & Systems Coordinator
Delta-Schoolcraft Intermediate School District
Escanaba, MI
kalimenti@dsisd.net

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# DSISD Mental Health Services

- Who we are.
- Who we serve.
- How we started collecting & utilizing data.

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# Kristy Alimenti

- School Psychologist - 16 years
- Mental Health Services & Systems Coordinator DSISD - 2 years

  New Position at DSISD; General Education Department
  - 31n General Education MH Services
  - Project AWARE (5-year grant)
  - TRAILS Coordination and Implementation
  - Youth Mental Health First Aid Instructor

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# Who we are.

## Michigan

- 56 ISDs/RESAs in Michigan
- We are all funded and run differently
- Two compliance roles
  - Special Education
  - Pupil Accounting
- ISDs/RESAs provide and coordinate essential services to their constituent school districts to facilitate teaching and learning. By coordinating efforts and resources, ISD's provide specialized services to students that would not be affordable/feasible otherwise.

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PARTNERS IN EDUCATION

DSISD

DELTA-SCHOOLCRAFT

INTERMEDIATE SCHOOL DISTRICT

www.DSISD.net

# Delta-Schoolcraft ISD

- 2500 $mi^2$
- 8 School Districts
- 6, 000 students

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# Background

- On December 20th, **2018**, the Michigan Senate passed a supplement to the State School Aid Act appropriating $31.3 million to add behavioral health services **to General Education Students for the 2018-19 school year**
- Subsequent allocations have been approved each year after
- State investment to hire mental health providers in schools statewide: **Section 31n** of the State School Aid Act

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# Who we serve.

## Our Mission.

Intent of 31n funding:

- Enhance and expand the availability of mental health services and supports to **K-12 students**.
- Services are provided to students with **mild to moderate** mental health issues who are not already receiving those services through an IEP/IFSP.
- Appropriate referrals for students in need of more intensive services through the Community Mental Health system, other community provider(s), or Special Education, can also be offered.
- 31n(6) funds should be used for expansion of existing services or to start new mental health services in schools *where there is a gap in available resources.*

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# DSISD: Increasing Access to Mental Health Services & Supports.

## 2019-20

- 5-split funded Social Workers [GE & SE]
- Did not have a GE Director
- Lacked systems
- Oh, and a Pandemic

## 2020-21

- 5-split funded Social Workers
- Project AWARE
- Examined referral pathways
- Explored documentation platforms

## 2021-22

- 6-Full time Social Workers [31n, PA]
- MH Services Coordinator
- Onboarding & Implementation of BHworks
- Established referral system
- Tier 1 SEL

## 2022-23

- 8-Social Workers
- 1-BCBA
- .75 FTE Contracted Psychotherapist [through Project AWARE]
- Building Teams
- Piloting screening
- Strengthen Tier 1
- Referral Pathways
- Entry/Exit Criteria
- TIer 2 Interventions
- Resource Mapping

## 2023-24

- Scaling up screening
- Teams
- Tier 1 & 2
- Cont. work developing CSMHS

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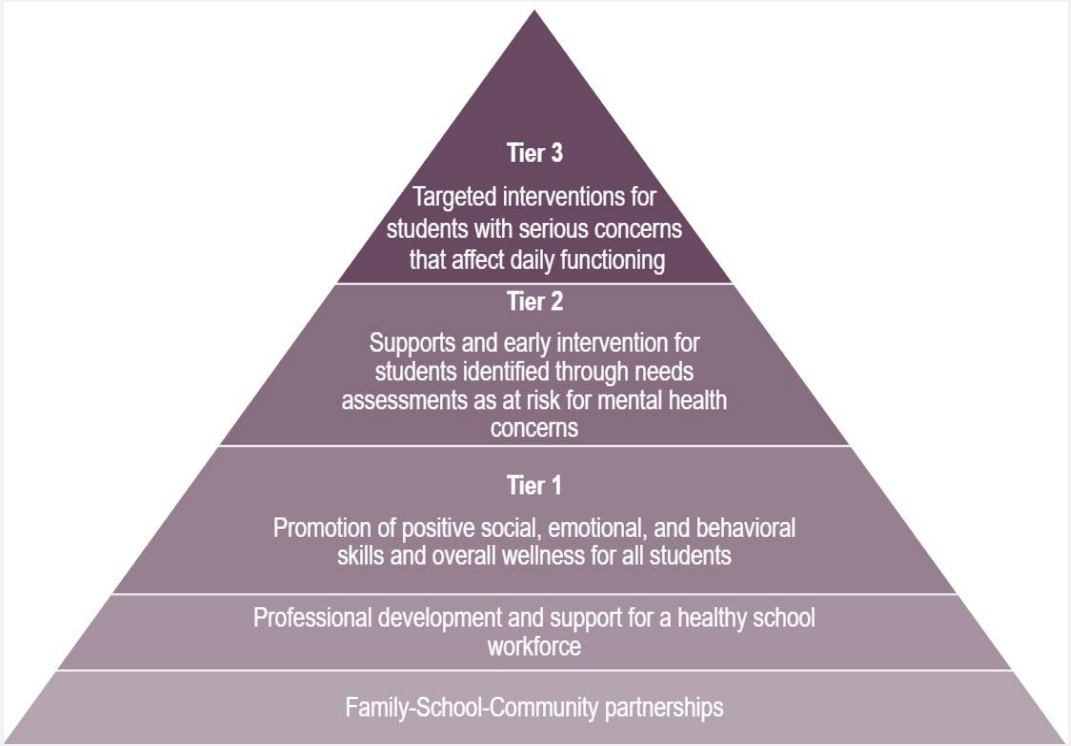
# **How** we provide Mental Health Services and Supports.



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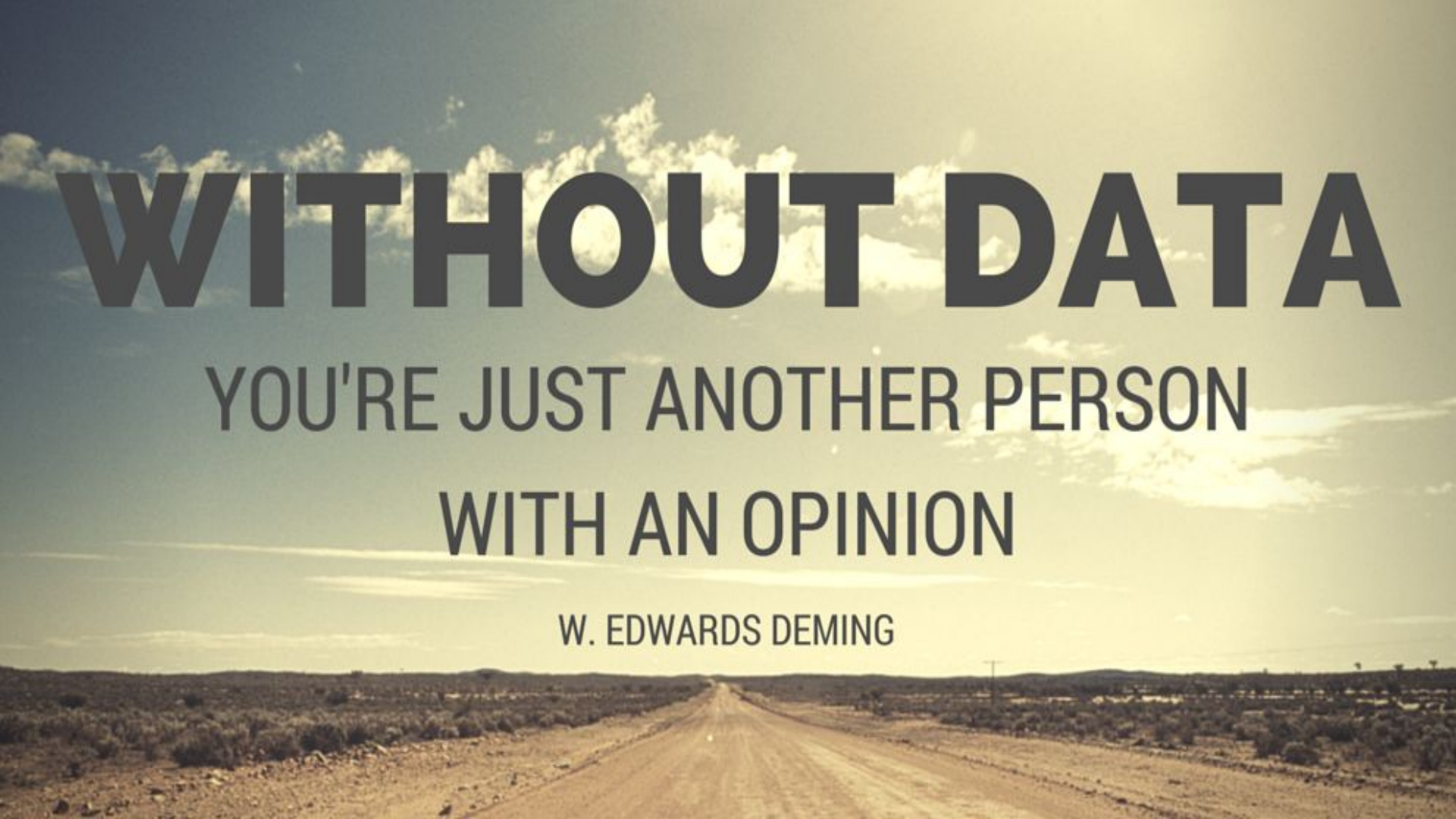

WITHOUT DATA
YOU'RE JUST ANOTHER PERSON
WITH AN OPINION
W. EDWARDS DEMING

I have 5 kids for you to see when you get here.

We have a runner.

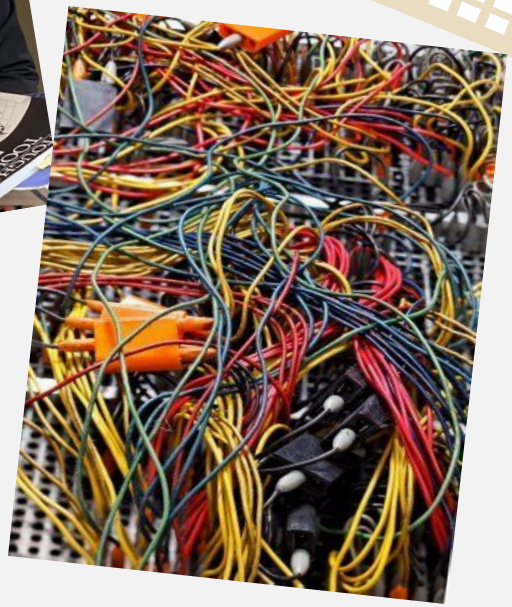
What is an FBA? Do you do those?

....

What time are you pulling John for his social skills lunch bunch?

During lunch.

We need a system.



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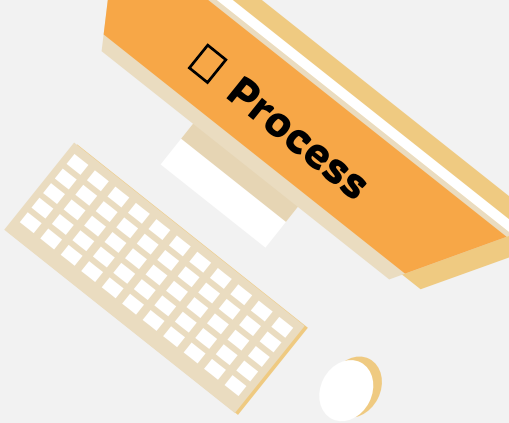


# We established a workflow.

- Provide education on who we serve [ongoing]; signs and symptoms
- Training on referral process & BHworks

- Referring School
  - Obtains Consent
  - Provides Referral Details
  - Submits referral to ISD

- DSISD
  - Acknowledges referral
  - Assigns Appropriate Provider
  - Screening/Assessment [intake]
  - Determine Eligibility
  - Provide Services as indicated

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DSISD
DELTA-SCHOOLCRAFT
INTERMEDIATE SCHOOL DISTRICT

Kristy Alimenti
Mental Health Services
& Systems Coordinator

Delta-Schoolcraft
Intermediate School District
2525 3rd Ave. S. Escanaba, MI 49829
Phone: (906) 786-9300 ext. 223 Fax: (906) 786-9318
kalimenti@dsisd.net www.dsisd.net

| August 31, 2021 - April 7, 2022 | *Students Referred to a 31n Provider | Started Services | | |
|---|---|---|---|---|
| | | Yes | Pending | No |
| XXXXX Jr. High | 62 | 20 | 1 | 41 |
| XXXXX High School | 27 | 18 | 1 | 8 |
| XXXXX High School | 23 | 8 | 2 | 13 |
| XXXXX K-12 | 19 | 7 | 5 | 7 |
| XXXXX Middle School | 21 | 15 | 1 | 5 |
| XXXXX Elementary | 22 | 19 | 1 | 2 |
| XXXXX Elementary | 14 | 9 | 4 | 1 |
| XXXXX High School | 15 | 5 | 7 | 3 |
| XXXXX Elementary | 13 | 8 | 2 | 3 |
| XXXXX Elementary | 15 | 8 | 3 | 4 |
| XXXXX Elementary | 12 | 10 | 1 | 1 |
| XXXXX K-12 | 12 | 10 | 0 | 2 |
| XXXXX Elementary | 8 | 7 | 0 | 1 |
| XXXXX K-12 | 17 | 17 | 0 | 0 |
| XXXXX K-12 | 6 | 1 | 4 | 1 |
| XXXXX Elementary | 3 | 2 | 0 | 1 |
| XXXXX High School | 1 | 0 | 1 | 0 |
| **April 7, 2022 - DSISD Total** | **290** | **164** | **33** | **93** |
| Change since last report (2/25/22) | +32 | +31 | -16 | +17 |

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| Primary Referral Reason |
| --- |
| Anxious |
| Trauma / Negative Life Events |
| Depressed Mood |
| Anger Issues |
| Anxiety |
| Other |
| Poor Impulse Control |
| Other (DO NOT INCLUDE IDENTIFYING INFORMATION) |
| Suicide Ideation |
| Grief / Loss |

| Services Not Started Reason: |
| --- |
| Referred for Other Services |
| No Further Services Needed |
| Already Receiving Services |
| Declined Services |
| Ineligible for Services |
| Insufficient Information |
| Other |
| Services Unavailable |

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313 referrals have been made to 31n since the start of the 22-23 school year.

| Service Type | 22-23 School Year to Date |
|---|---|
| Individual Therapy Sessions | 2,329 |
| Evaluation / Assessment | 547 |
| Case Management/Care Coordination | 367 |
| Other | 225 |
| Crisis Response | 115 |
| Referral to Other Services/Outside Agency | 53 |
| Group Therapy Session | 52 |
| Brief Intervention | 30 |
| Formal Meeting Consultation | 33 |

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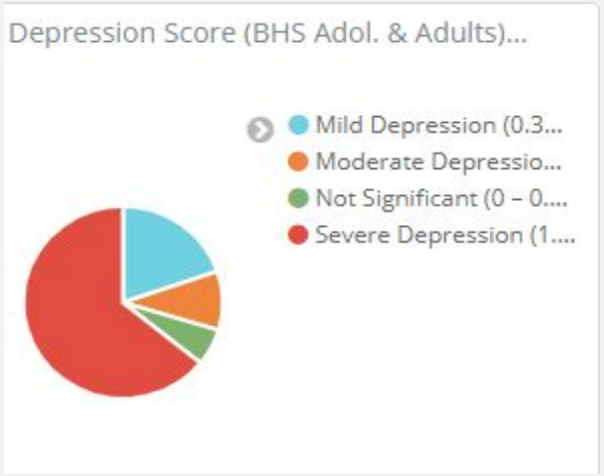
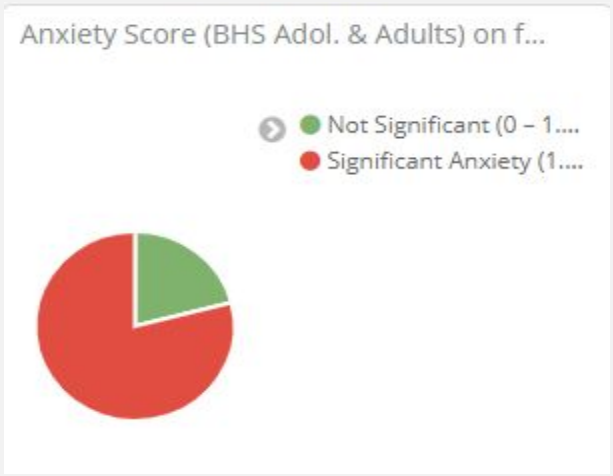
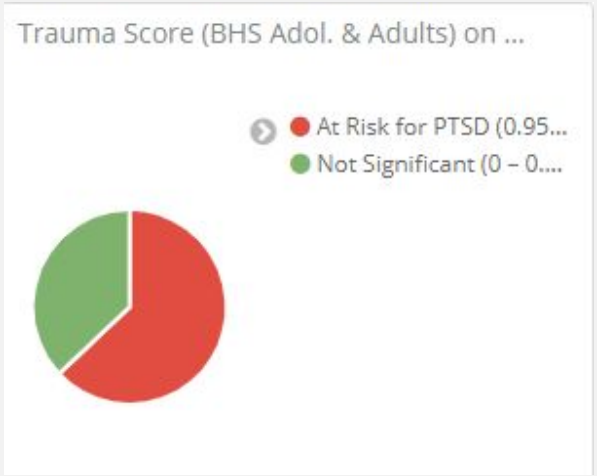
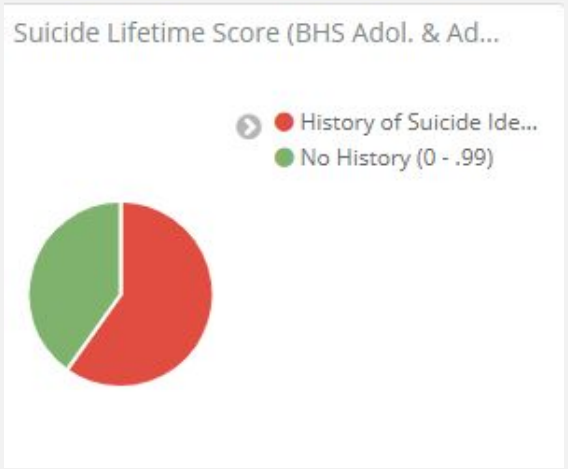
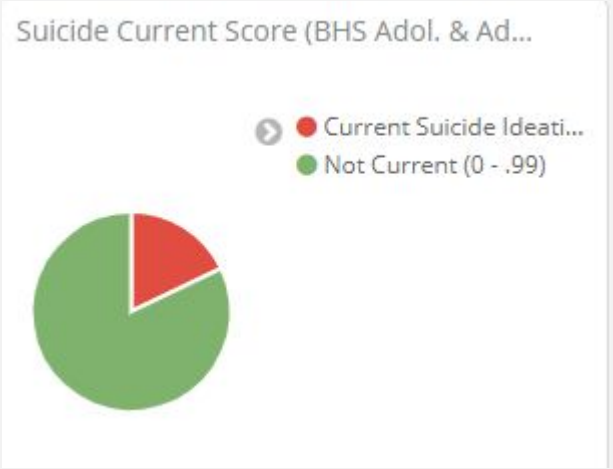
** Demo data

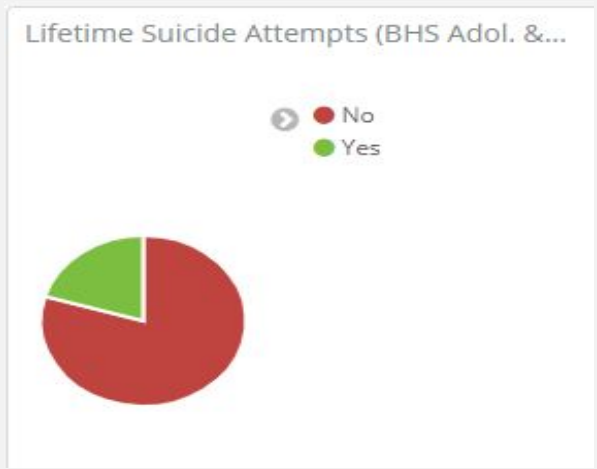
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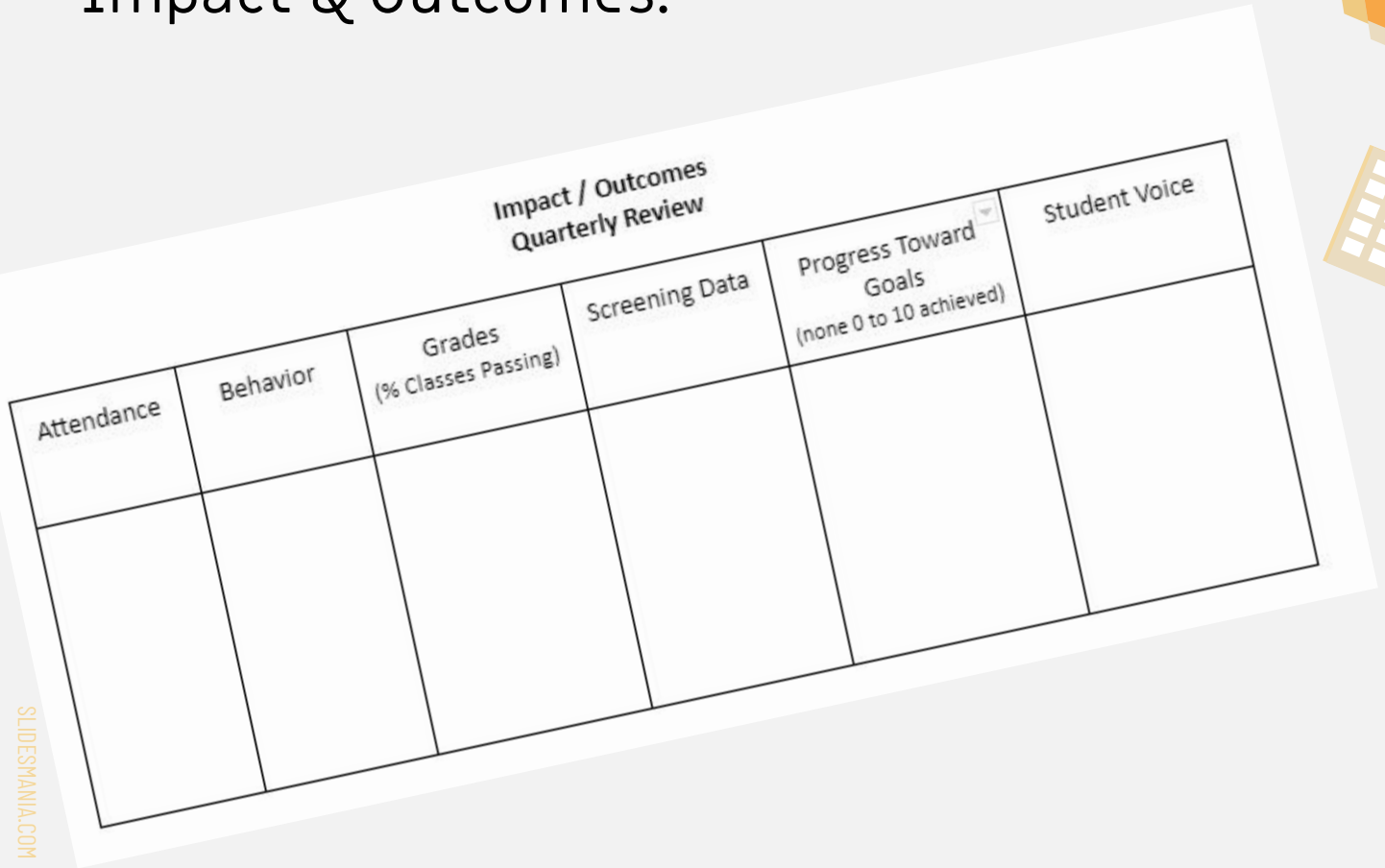
# Impact & Outcomes.



**Impact / Outcomes**
**Quarterly Review**

| Attendance | Behavior | Grades (% Classes Passing) | Screening Data | Progress Toward Goals (none 0 to 10 achieved) | Student Voice |
|---|---|---|---|---|---|
| | | | | | |

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# Reporting

- Bi-weekly
  - Tasks Report
    - Monitoring timelines
    - Tasks coming due
  - Caseload Report
    - Monitor active episodes of care
    - Determination of services
- Monthly
  - Referrals; # entering services
  - Service type

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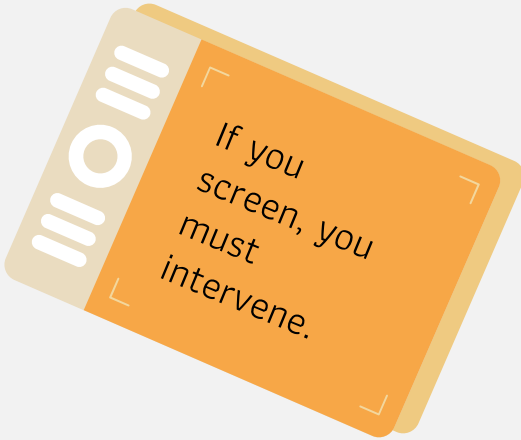
**Start where you are.**
**Use what you have.**

# Universal Screening




- Shared Goal/Intention for screening
- Pilot using the SECA Short form in BHworks
- Set up
  - Grade Level Selected
  - Opt Out
  - Rostered Students w/mdlogix support
  - Developed Teacher Administration Script
  - Implementation support from mdlogix
- Data Review / Debriefing meeting on calendar

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# After the Screening.

- Team reflected on results
  - Identify STRENGTHS
  - Identify areas of GROWTH
- Focus on
  - Competencies
  - Specific SEL topics
  - Survey Questions
- What needs to happen
  - Schoolwide?
  - At the GRADE LEVEL?
  - In the CLASSROOM?
  - In SMALL GROUPS?

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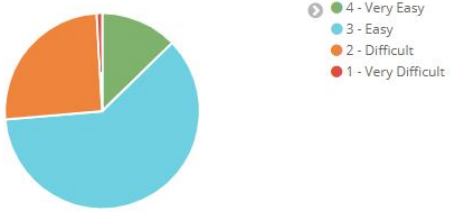
## Self-Awareness: Self-Concept

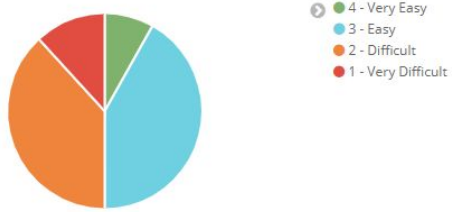
SECA: Knowing what my strengths are




## Responsible Decision-Making

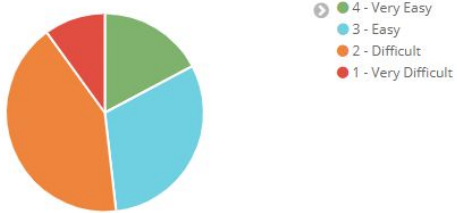
SECA: Knowing what is right or wrong

SECA: Thinking about what might happen before making a decision

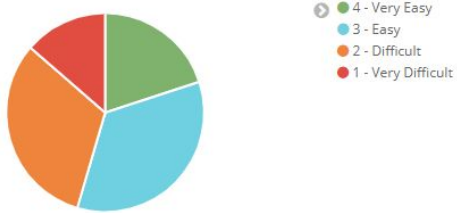



## Self-Awareness: Emotion Knowledge

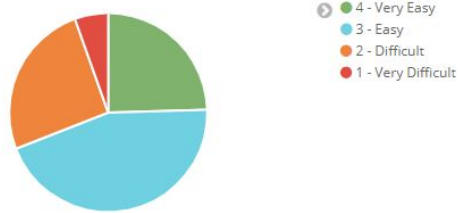
SECA: Knowing when my feelings are making it hard for me to focus




SECA: Knowing ways I calm myself down




SECA: Knowing the emotions I feel




**Demo data

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# Next Steps.

- Scaling up for Fall ‘23 with support from mdlogix team
  - Schoolwide [Fall and Spring]
  - Screening Dashboard
- Strengthening Tier 1 practices and implementation
- Developing
  - Tier 2 interventions based on data
  - Resource documents for staff
  - Plan for communicating results to students, staff, parents, stakeholders.
  - Policies, procedures, handbook language

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What questions do you have?

# Thank you!

kalimenti@dsisd.net

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Credit: slidesmania